**2014 CNTC Schedule**

**4:00 Field Events Girls Boys**

**8 Qualifiers Shot Put Discus**

**Long Jump (North Pit) Long Jump (South Pit)**

**High Jump Pole Vault**

**4:45 Triple Jump (North Pit) Triple Jump (South Pit)**

**Discus Shot Put**

**High Jump**

**5:15 Pole Vault**

*4:30 – Runoffs for Qualifying Spots – High Hurdles, 100, 200, 400, 4 X 100 Relay*

**5:15 – National Anthem**

**8 Qualifiers – One Heat – 100, 200 , 400, both hurdles , 4 x 100, 4 x 400**

**12 Qualifiers – One Heat – 800, 1600, 3200 – 4 x 800**

*5:30 – 4 X 800 Meter Relay – Girls 5:45 – 4 X 800 Meter Relay*

*6:00 – 100 Meter High Hurdles – Girls 6:05 – 110 Meter High Hurdles – Boys*

*6:10 – 100 Meter Dash – Girls 6:15 – 100 meter Dash – Boys*

*6:20 – 1600 Meter Run – Girls 6:30 – 1600 Meter Run – Boys*

*6:40 – 4 X 100 Meter Relay – Girls 6:45 – 4 X 100 Meter Relay – Boys*

*6:50 – 400 Meter Dash – Girls 6:55 – 400 Meter Dash – Boys*

**7:00 Coach / Contributor Awards 7:10 – Medals – Field Events**

**Running Event Medals ongoing during the Remainder of Track Meet**

*7:25 – 300 Meter Low Hurdles – girls 7:30 - 300 Meter IM Hurdles – Boys*

*7:35 – 800 Meter Run – Girls 7:40 – 800 Meter Run – Boys*

*7:45 – 200 Meter Dash – Girls 7:50 – 200 Meter Dash – Boys*

*7:55 – 3200 Meter Run – Girls 8:10 – 3200 Meter Run – Boys*

*8:25 – 4 X 400 Meter Relay – Girls 8:30 – 4 X 400 Meter Relay – Boys*

**8:35 – Outstanding Athlete Award**